

Headwater Hills Education Meeting May 1st, 2014

Attendees: Nancy (chair), Anne, Lori, Dalanda, Regan (minutes keeper), Dawn, Liz, Sarah
Regrets: Danielle, Cameron (student rep), Tara, Kirsti

Recap: Last meeting plans were discussed for next year. There were concerns that there were more ideas than we can pull off successfully.

There were 3 main ideas from the previous meeting – Nutritional Study, Plant sale fundraiser, Garage sale, There was talk of how any idea should support or reflect the school's values of healthy living, community, connection to real food and the earth.

The Nutritional study could be a yearlong series of parent or guest led workshops that all ages could enjoy. Examples could be: Nutrition basics, How to make guacamole, how to pickle, how to make bread, juicing/smoothies, ...

These sessions would be once/month and pre-arranged in order to fit into academic scheduling.

There was discussion of a nutritional field trip to a grocery store and to a farm. Nancy's, sheep farm, Everdale (?)

Liz mentioned that she would be willing to help with the workshops.

Some work will be required this year in order to have parents/guests and their workshops arranged for at least the first few months of the school year.

Another year could have a healthy body theme. A third year and theme could give us a cycle that would give students a chance to reconnect with the lessons on a more in depth level every 3 years.

The garage sale seemed best done in spring in the yard to allow parking lot to be fully utilized. A plant sale would fit well with the feel of the school and should also be done in the spring. A plant sale could be done in two ways: Pre-order fund-raiser or grow our own. Pre-orders may end up only serving our school community and have less public exposure for Headwater Hills. There was concern that two would be too much to do in one year. They could be on alternate years or could be combined.

It was decided that a single event would be best.

The consensus was to combine these events into one under the banner of an Earth theme as this would incorporate the environmental and healthy living values of the school, provide the students with the opportunity to work with money and raise awareness of who we are as a school. Some ideas are as follows:

- the students could sell plants or produce that they have grown
- parents could be invited to bring their garage sale items to the school which the children could sell
- there could be vendor tables for parents/people associated with the school (related to the earth theme) that would support and help highlight the school. A small charge per table could help fundraise.
- It would be a spring event.
- Some advertising would be appropriate,
- We are looking for a good name for the event.
- All seemed interested in helping with this event.

